

Questions for AUSKF Iaido Shinsa

Please answer two of the three questions for your desired rank.

First Kyu candidates:

- 1: List the names of all 12 All Japan Kendo Federation Iaido kata.
- 2: What is *reiho*?
- 3: What do you hope to gain through the study of Iaido?

Shodan candidates:

- 1: Explain what is meant by the term *saya biki*. Describe its use in one All Japan Kendo Federation Iaido kata.
- 2: Draw a simple diagram of a katana, label as many parts as you can.
- 3: Describe proper finger control of the *tsuba* and explain its importance.

Nidan candidates:

- 1: Discuss the concept of *zanshin*. Describe its use in at least one All Japan Kendo Federation Iaido kata.
- 2: Define *hasuji* and explain its importance in Iaido.
- 3: What is meant by the term *Iai goshi*? Describe its use in one or more All Japan Kendo Federation Iaido kata.

Sandan candidates:

- 1: What is *kirioroshi*? Describe its use in one All Japan Kendo Federation Iaido kata.
- 2: Describe how to clean a sword (*shinken* or *iaito*).
- 3: How should the left hand function while drawing the sword?

Yondan candidates:

- 1: Write what you know about *kokyū* (breath control) in Iaido.
- 2: What is meant by *jo-ha-kyū*? Describe its use in at least one All Japan Kendo Federation Iaido kata.
- 3: Describe the *hara*, and explain its use in Iaido.

Godan candidates:

- 1: Discuss *reiho*; what does the word mean, why is it important in the dojo?
- 2: Discuss *metsuke*.
- 3: Explain *ki-ken-tai-ichi*, and give two examples of its application in All Japan Kendo Federation Iaido.

Rokudan candidates:

- 1: What is *kigurai*?
- 2: What are *ma* and *ma-ai*? Describe their application in one or two All Japan Kendo Federation Iaido kata.
- 3: What is important when teaching Iaido to beginners?